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DaimlerChrysler AG

Abstract

The invention relates to a vehicle seat with a back rest, and in particular height-adjustable head restraint which has a head cushion, and with a device for heating the neck and head region of a seat user with hot air, which has an air-guiding duct which is arranged in the head cushion and has a hot air outlet opening. To improve the sensation of warm coziness in the neck and head region of seat users even of differing body size, the hot air outlet opening is arranged on the lower side of the head cushion, and the intermediate space between the lower side of the head cushion and the upper side of the back rest is shielded to the rear by means of a covering.

(Figure 1)